

On the Reduction of α , β -Unsaturated (Group 6) Carbene Complexes by NaBH₄¹

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Abstract—Chromium and tungsten styryl Fischer carbene complexes 12 and 15 were transformed into Z-vinyl ether 13 and E-allyl ether 14 by NaBH₄ reduction in EtOH. Deuterium labeling experiments demonstrate that the reaction occurs by the initial addition of the hydride to the carbene carbon atom, followed by a 1,3-rearrangement of the M(CO)₅ fragment. The process could involve the participation of an η^3 -allyl chromium intermediate. The reaction is general and has been applied to a series of α , β -unsaturated alkoxy and aminocarbene complexes. In the case of chromium and tungsten alkynyl carbenes 38 and 39, NaBH₄ reduction exclusively yields *E*-allyl ether 14. The intermediacy of an allenyl complex 41 obtained after the 1,3-rearrangement of the metal center is confirmed by deuterium labeling experiments. © 2000 Elsevier Science Ltd. All rights reserved.

Introduction

Although the knowledge about the reactivity of group 6 metal carbene complexes has grown exponentially during the last 20 years,² our understanding of the mechanisms of the reactions involved do not parallel these results. Due to the seminal work of Bernasconi, processes like α -deprotonation,³ or addition of nucleophiles to the carbon atom on simple chromium complexes,⁴ are now more intimately known. However, the reaction mechanism for other processes such as the cocyclization of an α , β -unsaturated chromium carbene complex and an alkyne (Dötz reaction),⁵ in difference the most thoroughly studied reaction of this kind of complexes, is still under a passionate debate. In other cases, the well accepted mechanisms are based mainly on indirect evidence. This is the case, for example, of the photochemical carbonylation of chromium carbene complexes, that it is believed to generate metal-bounded ketenes.^{2j,6a} Nevertheless, the sole reported attempt, made to detect the formation of such intermediates, occurred with no success.6b

The isolobal analogy principle⁷ states that α , β -unsaturated alkoxychromium(0) carbenes should behave as α , β -unsaturated organic esters in processes taking place outside of the coordination sphere of the metal.² In consequence, such complexes may be regarded as a kind of super-esters, with their reactivity enhanced due to the presence of a metal in their structures. Processes such as Diels–Alder,⁸ 1,3-dipolar,²¹ and [2+2] cycloadditions⁹ have been reported

with no essential changes in the nature of the reaction products with respect to those described for organic esters. Logically, when the metal takes an active role in the process, (like in Dotz's benzannulation)⁵, new types of products, unknown for their organic counterparts, were obtained. In this context, the behavior of α,β -unsaturated alkoxychromium(0) carbenes and α , β -unsaturated organic esters towards the addition of nucleophiles, should be similar. The competition between 1,2- and 1,4-addition of dimethylamine to alkynylcarbene complexes of chromium and tungsten, was reported in 1972 by Fischer,¹⁰ but the factors controlling the chemoselectivity of these processes are not yet fully understood. As an example, in an early report, Casey¹¹ stated that the conjugate addition of enolate anions to vinyl carbene complexes is controlled mainly by steric effects, while more recent work¹² describes the preferred conjugated addition, in spite of unfavorable steric effects. On the other hand, the decisive influence of the reagent in the chemoselectivity of the reaction is exemplified by the addition of ZnEt₂ and ArLi to alkynyl complexes, to yield 1,2-adducts exclusively.¹³ Our own findings¹⁴ in this field have shown that heteronucleophiles may form either 1,4- or 1,2-adducts depending on the case, and that factors other than the steric hindrance may control the chemoselectivity of these processes. Among many other examples the reaction of complex 1 with phosphorous ylides 2 gave exclusively 1,2-adducts 3, while the conjugated addition of sulfur vlides 4 to give cyclopropanes 5, is strongly dependent on the ylide stabilization and the reaction conditions (Scheme 1).^{14d}

An additional variable to be taken into consideration in the addition of nucleophiles to α , β -unsaturated carbene complexes, is the possibility of the active participation of

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Scheme 1.

the metal in the process. Although 1,2 and 1,3-migrations of metal fragments have been reported, these processes are not frequent in Fischer carbene complexes. The 1,2-migration of a M(CO)₅ fragment was first proposed by Fischer to account for the cyclodimerization of ethynyl tungsten carbenes by ArLi reagents.¹⁵ An analogous observation was made by Dötz and Knochel¹³ in the reaction of such complexes and Et₂Zn. More recently, Iwasawa¹⁶ has reported the preparation of different compounds, taking advantage of the migration of the M(CO)₅ in the intermediates 6 obtained by reaction of complexes 7 and alkynyllithiums. Other similar migration processes have been described by Barluenga, in the reaction of α , β -unsaturated group 6 metal carbenes with 4-amino-1-azadienes, imines, and sodium methoxide.¹⁷ Much more unusual are 1,3 migrations of the metal fragment. The first example of one of such processes through a diazaallyl system, was found in the reaction of an alkoxy-carbene with diazobenzene.¹⁸ This early work was followed by other analogous processes, all involving a migration through heteroatom substituted systems.¹⁹ The first example describing the migration of the $M(CO)_5$ fragment in a fully carbonated system was reported by Barluenga while this work was in progress.^{17d,20} This author described the migration of an W(CO)₅ moiety in an intermediate of type 6 ($R^1 = R^3 = Ph$; $R^2 = (-)menthyl$), to yield the allenyl tungsten derivative 8. This species led to



Taking into account the precedents above mentioned, it is predictable that the mechanism of the addition of simple nucleophiles to α,β -unsaturated chromium(0) carbenes, will be not as simple as in the case of their organic counterparts (namely, α,β -unsaturated esters and amides). In this context, we decided to study the reaction of group 6 α,β -unsaturated alkoxy and amino Fischer carbene complexes with NaBH₄. The addition of hydrides offers an exceptional opportunity to combine reagent simplicity with the possibility of isotopic labeling, (using either a reagent or a deuterated solvent). Proofs for the exclusive 1,2-addition of the hydride to the carbene carbon atom, followed by 1,3-allylic or propargylic migration of the metal moiety, will be presented.

The reactivity of group 6 metal–carbene complexes towards reducing agents has been scarcely studied. Hydrogenation of Cr– and W–carbene complexes promotes the loss of the metal moiety and the formation of the corresponding hydrocarbon, in a process thought to occur by addition of hydrogen to the C==M bond and subsequent extrusion of the metal moiety.²¹ Complex [(CO)₅WC(OMe)Ph] reacts sequentially with KHB($OiPr_2$)₃ and BrNEt₄ to yield the salt **9** as a stable,



Scheme 2.





Complex	Reagent/Solvent	13 Yield ^a (%)	14 Yield ^a (%)	13/14 ^b
12 (M=Cr)	NaBH₄/EtOH	13a $R^1 = R^2 = H$ (56)	14a R^1 =H (12)	80:20
12 (M=Cr)	NaBD₄/EtOH	13b $R^1 = D R^2 = H$ (59)	14b R^1 =D (12)	85:15
12 (M=Cr)	NaBH₄/CD₃OD	13c $R^1 = H R^2 = D$ (59)	14b R^1 =D (16)	83:17
15 (M=W)	NaBH₄/EtOH	13a $R^1 = R^2 = H$	14a R^1 =H	89:11

^a In pure, isolated compound.

^b Determined by integration of well resolved signals in the reaction crude prior to any purification. The value given is the average of three separate runs.

crystalline solid.²² This compound forms unstable carbene complex **10** upon acid treatment. The HLi reduction of $[(CO)_5MoC(OMe)SiMePh_2]$ to $[(CO)_5MoC(SiMePh_2)H]$, was observed as a competitive process during the addition of BuLi to the alkoxy carbene.²³ 1,4-Dihydropyridines reduced complexes $[(CO)_5MC(OEt)Me]$ (M=Cr, W) to ylides **11**, again through the initial addition of an hydride to the carbene carbon atom.²⁴ It should be noted that all of these results are fully compatible with those expected for the addition of simple nucleophiles to esters. Finally, not many data about the reactivity of hydrides and metal carbene complexes other than group 6, can be found in the literature, but they follow essentially the same patterns previously mentioned (Scheme 3).²⁵

Results and Discussion

Reduction of alkoxy α , β -unsaturated (group 6) carbene complexes

We started this study by reducing a cooled $(-20^{\circ}C)$ solution of complex **12** in EtOH with the equimolar amount of NaBH₄. This reaction yielded, after oxidation, a mixture of Z-vinyl ether **13a** and E-allyl ether **14a** in a 80:20 ratio. The reaction was almost quantitative and except for a little oxidation product (the corresponding organic ester) obtained in some cases, no other by-products could be detected in the reaction mixtures. It was obvious that compounds **13a** and **14a** could not be derived from the standard hydride addition-alkoxide elimination sequence,²² thus, we undertook the task of determining the possible participation of the metal in the process. Complex 12 was reduced using NaBD₄/EtOH and monodeuterated compounds 13b and 14b were obtained. On the other hand, the reaction with CD₃OD as solvent, yielded monodeuterated 13c and 14b (in this case, quenching was by addition of D₂O). A control experiment was done by submitting ethyl cinnamate to analogous reaction conditions, yielding unreacted material with only traces of ethyl 3phenylpropanoate, even after prolonged reaction times. Changing the metal in the α,β -unsaturated complex does not make any relevant difference. So, the reduction of tungsten carbene 15 under the same conditions yielded a mixture of ethers 13a and 14a in an 89:11 ratio (Table 1).

These results clearly pointed to an involvement of the $M(CO)_5$ in the reduction process. Hydride addition takes place on the carbene carbon atom to form intermediate **16**, from which the formation of *E*-**14a** is immediate. An alternative evolution for **16** could be the 1,3-migration of the $M(CO)_5$ moiety, that would lead to complex **17**. This is the key feature of the process and explains the formation of *Z*-**13a** as the main reaction product. Both pathways are consistent with the deuteration experiments. The incorporation of deuterium from the reagent takes place during the hydride addition step, whereas in the CD₃OD experiment, the deuterium transfer occurs during the protonation step (Scheme 4).

Extension of this reaction to a series of *p*-substituted pentacarbonyl[(ethoxy)(styryl)carbene]chromium(0) complexes







Complex	19 Yield ^a (%)	20 Yield ^a (%)	19/20 ^b
18a X=Me	45	17	80:20
18b X=OMe	48	14	87:13
18c X=Cl	42	9	90:10
18d X=CN	53	_	100:0 ^c

labeling experiments were carried out. Reduction of

complex 21a with NaBD₄ gave the corresponding mono-

deuterated vinyl ether 22b together with the trideuterated

alcohol 23b, while when the reaction was carried out with

NaBH₄/CD₃OD, monodeuterated vinyl ether **22c** and mono-

The major reduction product, vinyl ether **22a**, should arise

from the initial 1,2-hydride addition to the carbene complex **21a**, followed by 1,3-allylic migration of the $Cr(CO)_5$ frag-

ment and subsequent protonation, as is proposed in Scheme

5. Again, the key feature of the process is the allylic

rearrangement of the metal fragment and this is supported

by the deuteration experiments, in which the reagent trans-

fers the labeling during the reduction process and the

solvent in the protonation step. The formation of the second-

ary product, the alcohol 23a, could be justified by alkoxide elimination²² on intermediate 24, that would lead to unstable

carbene complex 25. By hydrolysis, this complex would be

transformed into the corresponding aldehyde,²⁶ but only

E-3-(2-N-methylpyrrolyl)-2-propenal has been detected during the NaBH₄ reduction of the pyrrole substituted

complex 21c, the less reactive of the series. On the other

hand, the complete reduction of an α,β -unsaturated

aldehyde under these conditions does not take place,²⁷ there-

fore it could be considered that saturated alcohol 23a is

deuterated alcohol 23c were obtained (Table 3).

^a In pure, isolated compound.

^b Determined by integration of well resolved signals in the reaction crude prior to any purification.

^c 8% of Ethyl *p*-cyanocinnamate was also obtained.

18 was searched next. Exception made of 18d, mixtures of ethers 19 and 20 were obtained. The reaction times remained essentially unaltered and neither notable modifications in the structure, nor in the stereochemistry of the reaction products were observed. However, a steady increase of the ratio of vinyl ether 19 was observed with the electron withdrawing nature of the substituents. In fact, the reaction of the cyano-substituted complex 18d exclusively gave vinyl ether 19d (Table 2).

 α,β -Unsaturated complexes 21 having heterocyclic substituents were also studied. In these cases the presence of an electron rich aromatic ring may alter the 1,3-allylic migration step. Interestingly, a clear difference in reactivity was found depending on the nature of the heterocycle. The most reactive towards hydride reduction was the furyl complex 21a that was instantaneously reduced with NaBH₄ in EtOH at -78° C, followed by the thiophene substituted complex 21b whose reduction required several hours at the same temperature. Finally, the reduction of pyrrole substituted complex **21c** was afforded at -20° C. In the case of furyl substituted complex **21a** the analysis of the reaction crude showed a 80:20 mixture of the expected Z-vinyl ether 22a together with a new compound that was identified as the saturated alcohol 23a. In order to establish the outcome of the reaction in this case, deuterium

Table 3.



Complex	Reagent/Solvent	22 Yield ^a (%)	23 Yield ^a (%)	22/23 ^b
21a (X=O) 21a (X=O) 21a (X=O) 21b (X=S)	NaBH ₄ /EtOH NaBD ₄ /EtOH NaBH ₄ /CD ₃ OD NaBH ₄ /EtOH	22a $R^1 = R^2 = H$ (55) 22b $R^1 = D R^2 = H$ (50) 22c $R^1 = H R^2 = D$ (53) 22d $R^1 = R^2 = H$ (77)	23a $R^1=R^2=H$ (13) 23b $R^1=D$ $R^2=H$ (12) 23c $R^1=H$ $R^2=D$ (11)	80:20 83:17 85:15 100:0
21c (X=NMe)	NaBH ₄ /EtOH	22e $R^{1} = R^{2} = H$ (45)	_	c

^a In pure, isolated compound.

^b Determined by integration of well resolved signals in the reaction crude prior to any purification. The value given is the average of three separate runs.

^c In this case, a 80:20 mixture of 22e and E-3-(2-N-methylpyrrolyl)-2-propenal was obtained.



Position deuterated by NaBD₄

[#] Position deuterated by CD₃OD

Scheme 5.

formed after overreduction and hydrolysis of **25**. The behavior of carbene complexes like **25** towards nucleophiles is currently under study in our laboratories. Thiophene derivative **21b** yields vinyl ether **22d** as the sole reaction product, indicating that the replacement of an oxygen by a sulfur atom benefits the $1,3-M(CO)_5$ migration and perhaps, suggesting an extra stabilization of intermediate **26** by coordination of the metal and the sulfur of the thiophene ring.

Some features of the reactions previously discussed warrant additional debate. First, the exquisite E/Z selectivity observed on the newly formed C==C double bond of vinyl ethers **13**, **19** and **22**, arising from the 1,3-migration path. Second, the participation of an η^3 -allyl chromium intermediate in these processes.²⁸ The selectivity of the process could be consequence of the chelation of the basic alkoxy oxygen to the metal center, once the 1,3-rearrangement has occurred. This chelation should impose the relative disposition of the metal and alkoxyde groups around the C==C double bond and hence the observed stereochemistry. An alternate explanation could derive from the participation of the sodium cation in the reduction process. In fact, assuming that through this paper we have depicted the more stable conformer of the different alkenyl complexes, Na⁺ coordination to the ethoxy group on the same face of the allylic grouping, where H⁻ is being delivered, may force the chromium moiety to migrate through the opposite face of the 3-carbon unit. This possibility has to be discarded because the reduction of complex 12 with Me₄NBH₄ gave the expected mixture 13a/14a and again, 13a was obtained with *Z*-stereochemistry exclusively. The participation of an η^3 -allyl metal intermediate like 27 (M=Cr, W), in the 1,3-allylic rearrangement is suggested by the results obtained by effecting the reduction process under a CO atmosphere (Scheme 6).

It is clear that the migration of the $M(CO)_5$ moiety from 16 to 17 should involve a decarbonylation-carbonylation process that would be hampered under CO atmosphere. When the reduction of complex 12 was carried out in a CO-saturated EtOH solution, maintaining a positive CO pressure during the reaction, the ratio of products 13a/14a decreased from 4:1 to 2.7:1, while the stereochemistry of 13a remained unchanged. It was also observed that the reactions were dirtier when CO was present, and variable amounts of cinnamaldehyde were obtained. Clearly, a partial inhibition of the 1,3-rearrangement process occurs under such conditions, although the presence of CO does



Scheme 6.

Table 4.



Reagent/Solvent	33	34	33/34 ^a	
NaBH4/EtOH	33a $R^1 = R^2 = H$	34a $R^1 = H$	3:2	
NaBD4/EtOH	33b $R^1 = D R^2 = H$	34b $R^1 = D$	3:2	
NaBH4/CD3OD	33c $R^1 = H R^2 = D$	34b $R^1 = D$	3:2	

^a Determined by integration of well resolved signals in the reaction mixtures.

not interfere with the hypothetical chelation of the metal by the alkoxy group, which, as we propose, defines the vinyl ether stereochemistry.

To complete the study, carbene complexes **28** and **30** having an additional conjugated double bond, were submitted to reaction with NaBH₄. 1,3-Allylic migration also occurred in the case of biscarbene **28**, that exclusively gave Z-divinylether **29**. In the case of the conjugated complex **30** it could be expected a 1,5-M(CO)₅ long range rearrangement. However, only dienyl ether **31**, resulting from the usual 1,3-allylic migration process, was obtained (Scheme 7).

Reduction of α , β -unsaturated aminochromium carbene complexes

 α , β -Unsaturated aminochromium carbene complex **32** was submitted to NaBH₄ reduction. Due to the lower reactivity of aminocarbenes towards nucleophiles the reaction required room temperature to occur, leading to an unseparable 3:2 mixture of amines **33a** and **34a**. The formation of totally reduced amine **33a** resembles the results previously obtained with furyl substituted complex **21a**, although in this case, compound **33a** is the main reaction product. Again deuteration experiments were carried out and the results are summarized on Table 4.

A mechanism analogous to the proposed for the reduction of alkenyl alkoxycarbenes, could explain the experimental results (Scheme 8). Intermediate **35** was formed as a result of the initial 1,2-addition of hydride to the aminocarbene **32**. 1,3-Allylic migration of the metallic moiety in such species yields the new complex **36** that after protonation, forms enamine **37**. The reduction of enamines by NaBH₄ is a known process²⁹ and in this case explains the formation of the totally saturated amine **33a** as the main reaction product, although all the attempts to detect the enamine **37** in the reaction mixtures have been fruitless.

Reduction of alkynyl (group 6) carbene complexes

Pentacarbonyl[(ethoxy)(phenylethynyl)carbene]chromium (0) **38** was also reactive towards NaBH₄ at -20° C, yielding in a few minutes ether *E*-**14a** as the sole reaction product. With NaBD₄/EtOH dideuterated derivative *E*-**14c** was obtained. Finally, when CD₃OD was the solvent, the reaction yielded dideuterated compound *E*-**14d**. Again the reactions were almost quantitative and the results are summarized on Table 5. The same result was obtained starting from tungsten alkynyl carbene complex **39**, that yielded *E*-**14a** as the sole reaction product. To complete these experiments, the NaBH₄/EtOH reduction of the analogous organic ester, ethyl phenylpropiolate was checked, yielding 50% of a 2:1 mixture of *E*/*Z*-ethyl cinnamates and 50% of unreacted starting material, after 48 h of reaction.

Again, it is difficult to understand the results obtained in the reduction of complexes **38** and **39** without considering the



Scheme 8.



Complex	Reagent/Solvent	14 Yield ^a (%)
38 (M=Cr)	NaBH ₄ /EtOH	14a $R^1 = R^2 = H(74)$
38 (M=Cr)	NaBD ₄ /EtOH	14c $R^1 = D R^2 = H (74)$
38 (M=Cr)	NaBH ₄ /CD ₃ OD	14d $R^1 = H R^2 = D$ (71)
39 (M=W)	NaBH ₄ /EtOH	14a $R^1 = R^2 = H$ (61)

^a In pure isolated compound.

active participation of the metal in the process. The 1,3-migration of the $M(CO)_5$ fragment in the NaBH₄ reduction processes seems to be a general behavior for α , β -unsaturated complexes of different structures.

The initial 1,2-addition of hydride on the carbon atom of 38 and 39 would lead to intermediate 40. The first incorporation of deuterium occurs at this point when NaBD₄ is used as reagent. Alkynyl intermediate 40 may evolve to allenyl complex 41^{30} by a 1,3-propargylic rearrangement.²⁰ The isolation of ethers 14 from the intermediate 41 requires the addition of a new hydride ion at the end of the allenyl system and justifies the incorporation of the second deuterium atom in 14c. This is remarkable, since the addition of nucleophiles to allenes usually takes place at the central allenic carbon.³¹ Finally, diprotonation of dianion 42 would yield the allyl ethers 14 and explains the formation of dideuterated 14d when CD₃OD was used as solvent. An alternative interpretation could be the protonation of allenyl intermediate 41 before the addition of a new hydride, to form free allene 43. The subsequent reduction of this compound would also lead to allyl ethers 14 in a pathway fully compatible with the observed deuteration pattern. To exclude this possibility, allene 43 was prepared from 1-ethoxy-3-phenyl-2-propyne and BuLi,³² and treated at -20° C with NaBH₄ in EtOH. The compound was recovered unchanged after several hours of reaction. This lack of reactivity of allenes towards NaBH₄ is in agreement with previous literature reports.³³ Finally, the reduction of complex 38 was carried out with NaBH₄ in anhydrous THF. The reaction needed higher temperatures to occur but the sole reaction product was again 14a. Under this conditions, protonation of allenyl chromium intermediate 41 should be precluded and hence, its evolution to the final products thorough a free allene may be discarded. The conclusion

from these experiments is that the second hydride transfer has to occur prior to the protonation step. The negative charge in the allenyl complex **41** should be fully delocalized across the coordination sphere of chromium, which renders the anionic complex slightly basic (Scheme 9).

In conclusion, in this paper we have described an unprecedent 1,3-migration of a M(CO)₅ fragment in the NaBH₄ reduction of α , β -unsaturated (group 6) metal carbene complexes (M=Cr, W). We propose the participation of an η^3 -allyl chromium intermediate in the process, as it is suggested by the partial inhibition of the metal migration when the reduction is carried out under CO atmosphere. The exquisite E/Z-selectivity of the products obtained is also determined during the rearrangement, possibly by chelation of the metal center and the alkoxy group once the 1,3-M(CO)₅ migration has occurred. The process is general and can be observed either for styryl-type alkoxy and aminocarbenes, or for propargyl alkoxy carbenes. The proposed mechanisms are supported by the deuterium labeling experiments and these reduction reactions can be applied to the obtention of selectively deuterated Z-vinyl and *E*-allyl ethers and amines.

Experimental

General procedures

¹H NMR and ¹³C NMR spectra were obtained in CDCl₃, on a Varian XL-300S (299.94 MHz for ¹H and 75.43 MHz for ^{13}C), a Bruker 250-AC (250.13 MHz for ^{1}H and 62.90 MHz for ¹³C) or a Bruker 200-AC (200.132 MHz for ¹H and 50.03 MHz for ¹³C) spectrometers. Chemical shifts are given in ppm relative to TMS (¹H, 0.0 ppm), or CDCl₃ (¹³C, 76.9 ppm). IR spectra were recorded on a Perkin– Elmer 781 spectrometer. Mass spectra were carried out on a GC-MS HP-5989 (70 eV) mass spectrometer using methanol as solvent. The degree of deuteration was determinated by NMR and mass spectrometry (EI, 70 eV). Flame-dried glassware and standard Schlenck techniques were used for all the reactions. Merck silica-gel (230-400 mesh) was used as the stationary phase for purification of crude reaction mixtures by flash chromatography. TLC analyses were performed using silica plates (Kiesegel 60F-254) and were visualized using UV (254 nm) or iodine. All commercially available compounds were used without further purification. Carbene–chromiun complexes 12,³⁴ 15,³⁴ 21a,³⁴ 21b,³⁴ 21c,³⁵ 28,³⁴ 30,³⁴ 32,³⁶ 38³⁷ and 39³⁷



were prepared according to literature methods. All new compounds gave satisfactory microanalytical data.

Synthesis of styryl alkoxychromium(0)carbenes. To a solution of pentacarbonyl [(ethoxy)(methyl)carbene]-chromium(0) 44^{38} (5.0 mmol) and the aldehyde (5.0 mmol) in anhydrous Et₂O, were added 20 mmol of Et₃N. Then, 15 mmol of TMSCl were added dropwise at room temperature. The mixture was stirred until disappearance of the starting material (checked by TLC). The solvent was removed under reduced pressure and the product purified by flash chromatography on silica gel.

Pentacarbonyl[(ethoxy)(*p*-tolylethenyl)carbene]chromium-(0) (18a): From 1.32 g (5.0 mmol) of 44, 0.6 g (5.0 mmol) of *p*-methylbenzaldehyde, 2.8 mL (20 mmol) of Et₃N and 2.3 mL (15.0 mmol) of TMSC1. After 48 h of reaction and flash chromatography (hexane), **18a** (1.33 g, 73%) was obtained as a black crystalline solid. ¹H NMR δ =1.63 (t, 3H, *J*=7.0 Hz), 2.32 (s, 3H), 5.05 (q, 2H, *J*=7.0 Hz), 6.90 (d, 1H, *J*=15.4 Hz), 7.15 (d, 2H, *J*=7.8 Hz), 7.44 (d, 2H, *J*=7.8 Hz), 7.84 (d, 1H, *J*=15.4 Hz); ¹³C NMR δ =330.4, 224.2, 216.7, 141.4, 138.7, 131.4, 130.2, 129.7, 129.3, 76.9, 21.4, 15.0; IR (CHCl₃): 2056, 1940, 1710 cm⁻¹.

Pentacarbonyl[(ethoxy)(*p*-methoxyphenylethenyl)carbene]chromium(0) (18b): From 1.32 g (5.0 mmol) of 44 0.68 g (5.0 mmol) of *p*-methoxybenzaldehyde, 2.8 mL (20.0 mmol) of Et₃N and 2.3 mL (15 mmol) of TMSCI. After 64 h of reaction and flash chromatography (hexane/ CH₂Cl₂ 8:1), **18b** (1.24 g, 65%) was obtained as a red crystalline solid. ¹H NMR δ =1.61 (t, 3H, *J*=7.0 Hz), 3.79 (s, 3H), 5.02 (q, 2H, *J*=7.0 Hz), 6.86 (d, 2H, *J*=8.6 Hz), 6.93 (d, 1H, *J*=15.2 Hz), 7.49 (d, 2H, *J*=8.6 Hz), 7.77 (d, 1H, *J*=15.2 Hz); ¹³C NMR δ =328.7, 224.2, 216.8, 162.2, 137.7, 131.2, 130.8, 126.7, 114.5, 75.6, 55.3, 15.0; IR (CHCl₃): 2056, 1940, 1711 cm⁻¹.

Pentacarbonyl[(*p*-chlorophenylethenyl)(ethoxy)carbene]chromium(0) (18c): From 1.32 g (5.0 mmol) of 44, 0.7 g (5.0 mmol) of *p*-chlorobenzaldehyde, 2.8 mL (20.0 mmol) of Et₃N and 2.3 mL (15.0 mmol) of TMSCI. After 66 h of reaction and flash chromatography (hexane), **18c** (1.01 g, 52%) was obtained, as a black crystalline solid. ¹H NMR δ =1.55 (t, 3H, *J*=7.0 Hz), 4.98 (q, 2H, *J*=7.0 Hz), 6.70 (d, 1H, *J*=15.4 Hz), 7.22 (d, 2H, *J*=8.4 Hz), 7.36 (d, 2H, *J*=8.4 Hz), 7.74 (d, 1H, *J*=15.4 Hz); ¹³C NMR δ =331.4, 224.2, 216.6, 139.7, 136.7, 133.0, 130.3, 129.3, 127.6, 76.3, 15.1; IR (CHCl₃): 2057, 1942, 1711 cm⁻¹.

Pentacarbonyl[(*p*-cyanophenylethenyl)(ethoxy)carbene]chromium(0) (18d): From 1.32 g (5.0 mmol) of 44, 0.68 g (5.0 mmol) of *p*-cyanobenzaldehyde, 2.8 mL (20.0 mmol) of Et₃N and 2.3 mL (15 mmol) of TMSCI. After 96 h of reaction and flash chromatography (hexane/CH₂Cl₂ 8:1), **18d** (0.9 5g, 50%) was obtained as a green crystalline solid. ¹H NMR δ =1.56 (t, 3H, *J*=7.0 Hz), 5.02 (q, 2H, *J*=7.0 Hz), 6.62 (d, 1H, *J*=15.4 Hz), 7.51 (broad s, 4H), 7.78 (d, 1H, *J*=15.4 Hz); ¹³C NMR δ =332.4, 224.0, 216.1, 141.1, 139.1, 132.4, 129.2, 124.9, 118.2, 113.1, 75.6, 15.0; IR (CHCl₃): 2230 (CN), 2058, 1946, 1711 cm⁻¹.

Hydride reduction: general procedure

A suspension of NaBH₄ in absolute EtOH at -20° C, was placed in a flame-dried airless flask containing a magnetic stirring bar, degassed by evacuation/back-fill with argon (3x). Then, a solution of the carbene in EtOH was added by syringe at -20° C and the mixture was stirred at this temperature until the complete disappearance of the starting material (checked by TLC). After the addition of water at -20° C, the solvent was removed under reduced pressure and the mixture dissolved in AcOEt, filtered through Celite, diluted with one volume of hexane, and air oxidized under sunlight. Then the solvent was removed in vacuo and the residue was purified by flash column chromatography. For the deuterium experiments the same procedure was followed, using NaBD₄ in EtOH or NaBH₄ in CD₃OD as solvent (in these cases, the reaction was quenched by addition of D₂O instead of water).

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]chromium(0) (12) with NaBH₄ in EtOH. From 350 mg (0.99 mmol) of **12** and 37.4 mg (0.99 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (120 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 80:20 mixture of ethers 13a and 14a. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-1-Ethoxy-3phenyl-1-propene (13a), (90 mg, 56%) was obtained as a colorless oil. ¹H NMR δ =1.22 (t, 3H, J=6.9 Hz), 3.37 (d, 2H, J=7.2 Hz), 3.77 (q, 2H, J=6.9 Hz), 4.50 (dt, 1H, $J_1=$ 7.2 Hz, J_2 =6.0 Hz), 6.00 (d, 1H, J=6.0 Hz), 7.11–7.24 (m, 5H); ¹³C NMR δ =145.2, 141.9, 128.3, 125.7, 105.5, 67.7, 30.2, 15.4; IR (film): 1662 (C=C), 1495, 1452 cm⁻¹; MS: *m*/*z* (%): 162 (M⁺, 78), 133 (42), 118 (18), 117 (23), 116 (15), 105 (100), 103 (23), 91 (38), 79 (28), 78 (28), 77 (39). E-3-Ethoxy-1-phenyl-1-propene (14a), (20 mg, 12%) was obtained as a colorless oil. ¹H NMR $\delta = 1.18$ (t, 3H, J= 6.9 Hz), 3.48 (q, 2H, J=6.9 Hz), 4.07 (d, 2H, J=6.0 Hz), 6.21 (dt, 1H, J_1 =15.9 Hz, J_2 =6.0 Hz), 6.54 (d, 1H, J= 15.9 Hz), 7.12–7.33 (m, 5H); ¹³C NMR δ =136.7, 132.0, 128.4, 127.5, 126.3, 126.2, 71.2, 65.7, 15.3; IR (film): 1653 (C=C), 1495, 1448 cm⁻¹; MS: *m/z* (%): 162 (M⁺, 41), 133 (39), 118 (26), 117 (51), 116 (25), 115 (58), 105 (100), 103 (22), 91 (36), 79 (26).

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]chromium(0) (12) with NaBD₄ in EtOH. From 200 mg (0.57 mmol) of 12 and 24 mg (0.57 mmol) of NaBD₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction crude, a colorless oil (82 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 85:15 mixture of ethers 13b and 14b. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-1-Deutero-1ethoxy-3-phenyl-1-propene (13b), (55 mg, 59%) was obtained as a colorless oil. ¹H NMR δ =1.20 (t, 3H, J= 7.0 Hz), 3.36 (d, 2H, J=7.4 Hz), 3.74 (q, 2H, J=7.0 Hz), 4.49 (t, 1H, J=7.4 Hz), 7.06–7.24 (m, 5H); ¹³C NMR δ = 145.0 (t, J_{C-D}=25.6 Hz), 142.0, 128.3, 125.7, 105.4, 67.7, 30.3, 15.4; IR (film) 1683(C=C), 1506, 1473 cm⁻¹; MS: m/ z (%): 163 (M⁺, 100), 134 (44), 118 (28), 116 (24), 106 (76), 91 (22), 78 (23). E-3-deutero-3-ethoxy-1-phenyl-1-propene (14b), (11 mg, 12%) was obtained as a colorless oil. ¹H NMR δ =1.21 (t, 3H, *J*=7.0 Hz), 3.49 (q, 2H, *J*=7.0 Hz), 4.10 (broad d, 1H, *J*=6.0 Hz), 6.23 (dd, 1H, *J*₁=16.0 Hz, *J*₂=6.0 Hz), 6.54 (d, 1H, *J*=16.0 Hz), 7.01–7.24 (m, 5H); ¹³C NMR δ =136.6, 132.1, 128.4, 127.4, 126.3, 126.1, 70.6 (t, *J*_{C-D}=21.7 Hz), 65.4, 15.0; IR (film): 1652(C=C), 1506, 1448 cm⁻¹; MS: *m/z* (%): 163 (M⁺, 77), 162 (14), 134 (52), 118 (63), 106 (100), 92 (22), 78 (18).

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]chromium(0) (12) with $NaBH_4$ in CD_3OD . From 206 mg (0.56 mmol) of 12 and 22 mg (0.56 mmol) of NaBH₄ in 10 mL of CD₃OD at -20°C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (90 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 83:17 mixture of ethers 13c and 14b. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-3-Deutero-1-ethoxy-3-phenyl-1-propene (13c) (51 mg, 59%) was obtained as a colorless oil. ¹H NMR δ =1.21 (t, 3H, J=7.0 Hz), 3.35 (broad d, 1H, J=5.5 Hz), 3.74 (q, 2H, J=7.0 Hz), 4.49 (t, 1H, J=6.7 Hz), 5.90 (dd, 1H, $J_1=$ 6.2 Hz, $J_2=1.1$ Hz), 6.91–7.23 (m, 5H); ¹³C NMR $\delta =$ 145.2, 141.8, 128.3, 125.6, 105.4, 67.6, 29.9 (t, $J_{C-D}=$ 20 Hz), 15.3; IR (film): 1662 (C=C), 1495, 1448 cm⁻ MS: *m*/*z* (%): 163 (M⁺, 75), 134 (39), 119 (19), 118 (24), 106 (100), 104 (20), 92 (36), 79 (20), 78 (39), 77 (26). E-3-Deutero-3-ethoxy-1-phenyl-1-propene (14b) (14 mg, 16%) was obtained as a colorless oil.

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]tungsten(0) (15) with NaBH₄ in EtOH. From 200 mg (0.41 mmol) of 15 and 15.62 mg (0.41 mmol) of NaBH₄ in absolute EtOH at -20° C. After 1 h of reaction and further oxidation of the reaction mixture, a yellow oil (140 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed the presence of 13a and 14a in a 89:11 ratio.

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]chromium(0) (12) with Me₄NBH₄ in EtOH. From 250 mg (0.71 mmol) of 12 and 63.2 mg (0.71 mmol) of Me₄NBH₄ in absolute EtOH at 0°C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (85 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed the presence of the isomers 13a and 14a in a 88:12 ratio.

Reduction of pentacarbonyl[(ethoxy)(phenylethenyl)carbene]chromium(0) (12) under CO atmosphere with NaBH₄ in EtOH. The experiments were carried out by bubbling a CO stream through a solution of 100 mg (0.28 mmol) of 12 in absolute EtOH at -20° C, for about 30 min before the addition of 10.6 mg (0.28 mmol) of NaBH₄. A CO filled balloon was placed at the top of the flask to maintain the CO atmosphere during the reduction process. After 10 min of reaction and further oxidation of the reaction mixture, 85 mg of a colorless oil were obtained. The ¹H NMR spectrum of the reaction crude showed the presence of cinamaldehyde together with a mixture of 13a and 14b in a 2.7:1 ratio.

Reduction of pentacarbonyl[(ethoxy)(*p*-tolylethenyl)carbene]chromium(0) (18a) with NaBH₄ in EtOH. From

200 mg (0.55 mmol) of 18a and 20.8 mg (0.55 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (109 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 80:20 mixture of 19a and 20a. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 4:1 to AcOEt). Z-1-Ethoxy-3-(p-tolyl)-1-propene (19a), (43 mg, 45%) was obtained as a colorless oil. ¹H NMR δ =1.20 (t, 3H, J=7.1 Hz), 2.24 (s, 3H), 3.32 (d, 2H, J=7.4 Hz), 3.76 (q, 2H, J=7.1 Hz), 4.47 (td, 1H, J_1 =7.4 Hz, J_2 =6.3 Hz), 5.97 (dt, 1H, J_1 =6.3 Hz, $J_2=1.45$ Hz), 7.00 (d, 2H, J=8.6 Hz), 7.05 (d, 2H, J=8.6 Hz); ¹³C NMR δ =145.2, 139.0, 135.2, 129.1, 128.3, 106.0, 67.8, 29.9, 21.1, 15.5; IR (CHCl₃): 1685 (C=C), 1618, 1610, 1515, 1419 cm⁻¹. *E-3-Ethoxy-1-(p-tolyl)-1*propene (20a), (17 mg, 17%) was obtained as a colorless oil. ¹H NMR δ =1.18 (t, 3H, J=7.0 Hz), 2.26 (s, 3H), 3.48 (q, 2H, J=7.0 Hz), 4.06 (dd, 2H, $J_1=6.1$ Hz, $J_2=1.2$ Hz), 6.18 (dt, 1H, J_1 =15.9 Hz, J_2 =6.1 Hz), 6.51 (d, 1H, J= 15.9 Hz), 7.05 (d, 2H, J=8.3 Hz), 7.22 (d, 2H, J=8.3 Hz); ¹³C NMR δ =137.5, 134.1, 132.3, 129.3, 126.4, 125.3, 71.4, 65.7, 21.2, 15.3; IR (CHCl₃) 1514, 1465 cm⁻¹.

Reduction of pentacarbonyl[(ethoxy)(p-methoxyphenylethenyl)carbene]chromium(0) (18b) with NaBH₄ in EtOH. From 250 mg (0.66 mmol) of 18b and 25 mg (0.66 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (120 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 87:13 mixture of 19b and 20b. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 4:1 to AcOEt). Z-1-ethoxy-3-(p-methoxyphenyl)-1-propene (19b) (61 mg, 48%) was obtained as a colorless oil. ¹H NMR δ =1.20 (t, 3H, J=7.1 Hz), 3.30 (d, 2H, J=7.4 Hz), 3.71 (s, 3H), 3.76 (q, 2H, J=7.1 Hz), 4.47 (q, 1H, J=7.4 Hz), 5.99 (d, 1H, J=6.3 Hz), 6.75 (d, 2H, J=8.5 Hz), 7.07 (d, 2H, J=8.5 Hz); ¹³C NMR δ =157.8, 145.1, 134.1, 129.3, 113.9, 106.1, 67.8, 55.4, 29.4, 15.4; IR (CHCl₃): 1662 (C=C), 1608, 1510, 1245 cm⁻¹. *E-3-Ethoxy-1-(p-methoxy*phenyl)-1-propene (20b), (17 mg, 13%) was obtained as a colorless oil. ¹H NMR δ =1.17 (t, 3H, J=7.0 Hz), 3.47 (q, 2H, J=7.0 Hz), 3.77 (s, 3H), 4.05 (d, 2H, J=6.1 Hz), 6.10 (dt, 1H, J_1 =16.1 Hz, J_2 =6.1 Hz), 6.48 (d, 1H, J=16.1 Hz), 6.83 (d, 2H, J=8.8 Hz), 7.21 (d, 2H, J=8.8 Hz); ¹³C NMR 55.3, 15.3; IR (CHCl₃): 1606 (C=C), 1512, 1249 cm⁻¹.

Reduction of pentacarbonyl[(*p*-chlorophenylethenyl) (ethoxy)carbene]chromium(0) (18c) with NaBH₄ in EtOH. From 250 mg (0.52 mmol) of 18c and 19.6 mg (0.52 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (84 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed the presence of the isomers 19c and 20c in a ratio of 90:10. The products were separated by flash column chromatography (hexane/ CH₂Cl₂ 4:1 to AcOEt). *Z-1-Ethoxy-3-(p-chlorophenyl)-1propene* (19c), (40 mg, 42%) was obtained as a colorless oil. ¹H NMR δ =1.20 (t, 3H, *J*=7.1 Hz), 3.31 (dd, 2H, *J*₁=7.5 Hz, *J*₂=1.34 Hz), 3.76 (q, 2H, *J*=7.1 Hz), 4.44 (td, 1H, *J*₁=7.5 Hz, *J*₂=6.1 Hz), 5.99 (d, 1H, *J*=6.1 Hz), 7.07 (d, 2H, *J*=8.4 Hz), 7.16 (d, 2H, *J*=8.4 Hz); ¹³C NMR δ=145.7, 140.5, 131.4, 129.8, 128.4, 105.4, 67.9, 29.7, 15.4; IR (CHCl₃): 1662 (C=C), 1491 cm⁻¹. E-*3*-*Ethoxy*-*1*-(*p*-chlorophenyl)-*1*-propene (**20c**), (8 mg, 9%) was obtained as a colorless oil. ¹H NMR δ=1.18 (t, 3H, *J*= 7.0 Hz), 3.48 (q, 2H, *J*=7.0 Hz), 4.06 (d, 2H, *J*=6.0 Hz), 6.21 (dt, 1H, *J*₁=15.9 Hz, *J*₂=6.0 Hz), 6.54 (d, 1H, *J*= 15.9 Hz), 7.29 (d, 2H, *J*=8.6 Hz), 7.38 (d, 2H, *J*=8.6 Hz); ¹³C NMR δ=143.1, 129.2, 128.7, 127.7, 127.1, 118.9, 71.0, 65.9, 15.2; IR (CHCl₃): 1637 (C=C), 1490 cm⁻¹.

Reduction of pentacarbonyl[(p-cyanophenylethenyl) (ethoxy)carbene]chromium(0) (18d) with NaBH₄ in EtOH. From 200 mg (0.53 mmol) of 18d and 20 mg (0.53 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (119 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 92:8 mixture of **19d** and ethyl *p*-cyanocinnamate. These products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-1-Ethoxy-3-(p-cyanophenyl)-1-propene (19d), (53 mg, 54%) was obtained as a colorless oil. 1 H NMR $\delta = 1.20$ (t, 3H, J=7.1 Hz), 3.40 (d, 2H, J=7.5 Hz), 3.78 (q, 2H, J=7.1 Hz), 4.44 (td, 1H, $J_1=7.5$ Hz, $J_2=$ 6.2 Hz), 6.04 (dt, 1H, J_1 =6.2 Hz, J_2 =1.34 Hz), 7.25 (d, 2H, J=8.3 Hz), 7.48 (d, 2H, J=8.3 Hz); ¹³C NMR $\delta = 147.6, 146.2, 132.0, 129.0, 119.1, 109.4, 103.2, 67.8,$ 30.3, 15.2; IR (CHCl₃): 2230 (CN), 1662 (C=C), 1608, 1505 cm^{-1} .

Reduction of pentacarbonyl[(ethoxy)[2-(2-furyl)ethenyl]carbene]chromium(0) (21a) with NaBH₄ in EtOH. From 200 mg (0.58 mmol) of **21a** and 22 mg (0.58 mmol) of NaBH₄ in absolute EtOH at -78° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (64 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 80:20 mixture of 22a and 23a. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-1-Ethoxy-3-(2-furyl)-1-propene (22a), (49 mg, 55%) was obtained as a colorless oil. ¹H NMR δ =1.15 (t, 3H, J=7.0 Hz), 3.37 (d, 2H, J=7.2 Hz), 3.74 (q, 2H, J=7.0 Hz), 4.47 (td, 1H, $J_1=7.2$ Hz, $J_2=6.2$ Hz), 5.92 (m, 1H), 6.01 (d,t 1H, $J_1 = 6.2 \text{ Hz}, J_2 = 1.55 \text{ Hz}), 6.20 \text{ (m, 1H)}, 7.23 \text{ (m, 1H)}; {}^{13}\text{C}$ NMR δ=155.3, 146.0, 140.9, 110.0, 104.5, 101.7, 67.7, 23.1, 15.4; IR (film): 1666 (C=C), 1596, 1550 cm⁻¹; MS: m/z (%): 152 (M⁺, 100), 123 (60), 108 (18), 95 (78), 81 (32), 67 (57). 3-(2-Furyl)propanol (23a), (10 mg, 13%) was obtained as a colorless oil. ¹H NMR δ =1.84 (m, 2H), 2.67 (t, 2H, J=7.4 Hz), 3.62 (t, 2H, J=6.2 Hz), 5.95 (m, 1H), 6.22 (m, 1H), 7.24 (m, 1H); ¹³C NMR δ =155.5, 140.9, 110.2, 105.0, 62.1, 31.0, 24.3; IR (CHCl₃): 3413 (OH) cm⁻¹; MS: *m/z* (%): 126 (M⁺, 84), 108 (72), 95 (18), 81 (100), 79 (58), 65 (19).

Reduction of pentacarbonyl[(ethoxy)[2-(2-furyl)ethenyl]carbene]chromium(0) (21a) with NaBD₄ in EtOH. From 300 mg (0.88 mmol) of 21a and 37 mg (0.88 mmol) of NaBD₄ in absolute EtOH at -78° C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (86 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 83:17 mixture of 22b and 23b. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). *Z-1-Deutero-1*- *ethoxy-3-(2-furyl)-1-propene* (**22b**) (67 mg, 50%) was obtained as a colorless oil. ¹H NMR δ =1.19 (t, 3H, *J*= 7.0 Hz), 3.37 (d, 2H, *J*=7.2 Hz), 3.74 (q, 2H, *J*=7.0 Hz), 4.47 (t, 1H, *J*=7.2 Hz), 5.92 (m, 1H), 6.20 (m, 1H), 7.23 (m, 1H); ¹³C NMR δ =155.4, 141.0 (t, *J*_{C-D}=26 Hz), 140.7, 110.0, 104.4, 101.4, 67.6, 23.0, 15.1; IR (film): 1647 (C=C), 1595, 1506 cm⁻¹; MS: *m/z* (%): 153 (M⁺, 100), 124 (51), 109 (17), 96 (23), 81 (22), 68 (49). *1,1,2-Tri-deutero-3-(2-furyl)propanol* (**23b**) (16 mg, 12%) was obtained as a colorless oil. ¹H NMR δ =1.80 (m, 1H), 2.66 (d, 2H, *J*=8.1 Hz), 5.55 (m, 1H), 6.21 (m, 1H), 7.24 (m, 1H); ¹³C NMR δ =155.7, 140.8, 110.3, 105.1, 62.1 (m, CD₂), 31.0 (t, *J*_{C-D}=19.5 Hz), 24.3; IR (film): 3413 (OH) cm⁻¹; MS: *m/z* (%): 129 (M⁺, 27), 128 (15), 111 (31), 81 (100), 68 (10).

Reduction of pentacarbonyl[(ethoxy)[2-(2-furyl)ethenyl]carbene]chromium(0) (21a) with NaBH₄ in CD₃OD. From 300 mg (0.88 mmol) of **21a** and 34 mg (0.88 mmol) of NaBH₄ in 10 mL of CD₃OD at -78°C. After 10 min of reaction and further oxidation of the reaction mixture, a colorless oil (93 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 85:15 mixture of 22c and 23c. The products were separated by flash column chromatography (hexane/CH₂Cl₂ 8:1 to AcOEt). Z-3-Deutero-1ethoxy-3-(2-furyl)-1-propene (22c) (71 mg, 53%) was obtained as a colorless oil. ¹H NMR δ =1.18 (t, 3H, J=7.0 Hz), 3.38 (broad s, 1H), 3.73 (q, 2H, J=7.0 Hz), 4.46 (t 1H, J=7.31 Hz), 5.92 (m, 1H), 6.00 (dd, 1H, $J_1=$ 6.2 Hz, *J*₂=1.47 Hz), 6.20 (m, 1H), 7.22 (m, 1H); ¹³C NMR $\delta = 155.4, 146.1, 140.9, 110.2, 104.6, 101.8, 67.9, 22.4$ (t, $J_{C-D}=20$ Hz), 15.4; IR (film): 1662 (C=C), 1595, 1560 cm^{-1} ; MS: m/z (%): 153 (M⁺, 100), 124 (52), 109 (15), 96 (66), 82 (19), 68 (54). 3-Deutero-3-(2-furyl)propanol (23c) (12 mg, 11%) was obtained as a colorless oil. ¹H NMR $\delta = 1.84$ (m, 2H), 2.66 (t, 1H, J = 6.1 Hz), 3.63 (t, 2H, J=6.1 Hz), 5.95 (m, 1H), 6.22 (m, 1H), 7.24 (m, 1H); ¹³C NMR δ =155.5, 140.9, 110.2, 105.0, 62.1, 31.0, 24.3 (t, $J_{C-D}=25$ Hz); IR (film): 3419 (OH) cm⁻¹; MS: m/z (%): 127 (M⁺, 42), 109 (34), 108 (33), 96 (14), 81 (100), 68 (23).

Reduction of pentacarbonyl[(ethoxy)[2-(2-thienyl)ethenyl]carbene]chromium(0) (21b) with NaBH₄ in EtOH. From 175 mg (0.49 mmol) of **21b** and 18.5 mg (0.49 mmol) of NaBH₄ in absolute EtOH at -78° C. After 5 h of reaction and further oxidation of the reaction mixture, a colorless oil (70 mg) was obtained. The ¹H NMR spectrum of the reaction crude only showed product, **22d**. This product was purified by column chromatography (hexane/CH₂Cl₂ 4:1). *Z-1-Ethoxy-3-(2-thienyl)-1-propene* (**22d**) (63.1 mg, 77%) was obtained as a colorless oil. ¹H NMR δ =1.20 (t, 3H, *J*=7.1 Hz), 3.55 (d, 2H, *J*=7.3 Hz), 3.77 (q, 2H, *J*= 7.1 Hz), 4.54 (td, 1H, *J*₁=7.3 Hz, *J*₂=6.2 Hz), 5.99 (dt, 1H, *J*₁=6.2 Hz, *J*₂=1.22 Hz), 6.74 (m, 1H), 6.84 (m, 1H), 7.03 (m, 1H); ¹³C NMR δ =145.6, 145.1, 126.7, 123.9, 123.0, 104.8, 67.8, 24.6, 15.3; IR (CHCl₃): 1662 (C=C), 1438 cm⁻¹.

Reduction of pentacarbonyl[(ethoxy)[2-(2-N-methylpyrrolyl)ethenyl]carbene]chromium(0) (21c) with NaBH₄ in EtOH. From 170 mg (0.48 mmol) of 21c and 18.1 mg (0.48 mmol) of NaBH₄ in absolute EtOH at -20° C. After 1 h of reaction and further oxidation of the reaction mixture,

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a brown oil (88 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 80:20 mixture of 22e and E-3-(2-N-methylpyrrolyl)-2-propenal. The products were separated by flash column chromatography (hexane/ CH₂Cl₂ 8:1 to AcOEt). Z-1-Ethoxy-3-(2-N-methylpyrrolyl)-1-propene (22e) (36 mg, 45%) was obtained as a colorless oil. ¹H NMR δ =1.29 (t, 3H, J=7.0 Hz), 3.36 (d, 2H, J=7.0 Hz), 3.52 (s, 3H), 3.81 (q, 2H, J=7.0 Hz), 4.47 (td, 1H, $J_1=7.0$ Hz, $J_2=6.0$ Hz), 5.87 (m, 1H), 6.02 (dt, 1H, J_1 =6.0 Hz, J_2 =1.4 Hz), 6.03 (m, 1H), 6.52 (m, 1H); ¹³C NMR δ=145.0, 132.4, 121.2, 106.4, 105.6, 103.7, 67.7, 33.5, 21.5, 15.3; IR (CHCl₃): 1662 (C=C), 1492 cm⁻ *E-3-(2-N-methylpyrrolyl)-2-propenal* (11 mg, 17%) was obtained as a brown oil. ¹H NMR δ =3.69 (s, 3H), 6.18 (m, 1H), 6.39 (dd, 1H, J_1 =15.6 Hz, J_2 =7.8 Hz), 6.69 (m, 1H), 6.54 (m, 1H), 7.26 (d, 1H, J=15.6 Hz), 9.49 (d, 1H, J=7.8 Hz); ¹³C NMR δ =193.1, 139.8, 136.9, 129.0, 123.6, 114.7, 110.2, 34.6; IR (film): 1660 (CHO) cm⁻¹.

Reduction of decacarbonyl-μ-[1,4[phenylenebis(1-ethoxy-2-propen-3-yl-1-yliden)]]di-chromium(0) (28) with **NaBH**₄ in EtOH. From 500 mg (0.8 mmol) of 28 and 60.5 mg (1.6 mmol) of NaBH₄ in absolute EtOH at -20° C. After 6 h of reaction and further oxidation of the reaction mixture, diene **29** (119 mg, 61%) was obtained as a colorless oil. This product was purified by vacuum distillation. ¹H NMR δ =1.20 (t, 3H, *J*=7.1 Hz), 3.32 (dd, 2H, *J*₁=7.4 Hz, *J*₂=1.35 Hz), 3.76 (q, 2H, *J*=7.1 Hz), 4.47 (td, 1H, *J*₁=7.4 Hz, *J*₂=6.2 Hz), 5.96 (dt, 1H, *J*₁=6.2 Hz, *J*₂= 1.35 Hz), 7.06 (s, 4H); ¹³C NMR δ =145.0, 139.1, 128.2, 105.8, 67.6, 29.8, 15.3; IR (film): 1662 (C=C), 1510 cm⁻¹.

Reduction of pentacarbonyl[(1-ethoxy)(*E*,*E*-5-phenyl-2,4-pentadienylidene)]chromium(0) (30) with NaBH₄ in EtOH. From 200 mg (0.53 mmol) of **30** and 20 mg of NaBH₄ in absolute EtOH at -78° C. After 3 h of reaction and further oxidation of the reaction mixture, diene **31** (87 mg (60%) was obtained as a colorless oil. This product was purified by vacuum distillation. ¹H NMR δ =1.20 (t, 3H, *J*=7.1 Hz), 2.93 (dd, 2H, *J*₁=7.3 Hz, *J*₂=6.3 Hz), 3.75 (q, 2H, *J*=7.1 Hz), 4.37 (td, 1H, *J*₁=7.3 Hz, *J*₂=6.2 Hz), 5.97 (d, 1H, *J*=6.2 Hz), 6.15 (dt, 1H, *J*₁=15.9 Hz, *J*₂=6.3 Hz), 6.34 (d, 1H, *J*=15.9 Hz), 6.88–7.29 (m, 5H); ¹³C NMR δ =145.3, 137.9, 129.4, 128.4, 126.7, 126.1, 125.9, 103.9, 67.6, 27.5, 15.3; This compound was unstable and could not be obtained in analytically pure form.

pentacarbonyl[(N,N-dimethylamino)-Reduction of (phenylethylene)carbene]chromium(0) (32) with NaBH₄ in EtOH. From 143 mg (0.41 mmol) of 32 and 15.5 mg (0.41 mmol) of NaBH₄ in absolute EtOH at room temperature, after 3 h of reaction and further oxidation, a yellow oil (46 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 60:40 mixture of 33a and 34a. The separation of these two products was not possible by flash column chromatography although a pure fraction of 33a could be obtained by vacuum distillation. N,N-Dimethyl-3-(phenyl)propanamine (33a), ¹H NMR δ =1.91–2.01 (m, 2H), 2.49 (s, 6H), 2.54 (t, 2H, J=7.8 Hz), 2.71 (m, 2H), 7.10–7.39 (m, 5H); ¹³C NMR δ =140.7, 126.3, 128.3, 128.6, 64.2, 51.4, 33.3, 25.5; MS: m/z (%): 163 (M⁺, 1), 91 (11), 58 (100). E-(3-Phenyl)-N,N-dimethyl-2-propeneamine (34a), data taken from an enriched mixture: ¹H NMR δ =2.59 (s, 3H), 3.48 (d, 2H, *J*=7.0 Hz), 6.37 (dt, 1H, *J*₁=15.8 Hz, *J*₂=7.0 Hz), 6.55 (d, 1H, *J*=15.8 Hz), 7.10–7.39 (m, 5H); ¹³C NMR δ =137.9, 126.7, 128.5, 128.7, 135.9, 120.3, 66.5, 50.8.

Reduction of pentacarbonyl[(1-N,N-dimethylamino)-(phenylethylene)carbene]chromium(0) (32) with NaBD₄ in EtOH. From 256 mg (0.73 mmol) of 32 and 31 mg (0.73 mmol) of NaBD₄ in absolute EtOH at room temperature, after 3 h of reaction and further oxidation of the reaction mixture, a yellow oil (93 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 60:40 mixture of 33b and 34b. The separation of these products was not possible by flash column chromatography or by distillation. The spectroscopical data are listed from a pure mixture of both compounds: 1,1-Dideutero-3-phenyl-*N,N-dimethylpropanamine* (**33b**), ¹H NMR δ =1.98 (t, 2H, J=7.6 Hz), 2.48 (s, 6H), 2.55 (t, 2H, J=7.6 Hz), 7.10-7.38 (m, 5H); ¹³C NMR δ =140.8, 126.3, 128.4, 128.6, 64.2 (m, CD₂), 51.3, 33.3, 25.4. *E-1-Deutero-N,N-dimethyl-3*phenyl-2-propenamine (34b), ¹H NMR δ =2.52 (s, 3H), 3.47 (d, 1H, J=7.0 Hz), 6.37 (dd, 1H, $J_1=15.9$ Hz, $J_2=7.0$ Hz), 6.55 (d, 1H, J=15.9), 7.10–7.38 (m, 5H); ¹³C NMR δ=138.0, 135.9, 128.8, 128.5, 126.8, 120.3, 66.2 (t, $J_{\rm C-D}=20$ Hz), 50.8.

Reduction of pentacarbonyl[(1-*N*,*N*-dimethylamino)-(phenylethylene)carbene]chromium(0) (32) with NaBH₄ in CD₃OD. From 215 mg (0.61 mmol) of 32 and 23 mg (0.61 mmol) of NaBH₄ in 10 mL of CD₃OD at room temperature, after 18 h of reaction and further oxidation of the reaction mixture, a yellow oil (72.6 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed a 60:40 mixture of 33c and 34b. The separation of these products was not possible by flash column chromatography or distillation. The spectroscopical data are listed from a pure mixture of both compounds: 2,3-Dideutero-N,N-dimethyl-3-phenylpropanamine (33c), ¹H NMR δ =1.91–2.01 (m, 1H), 2.49 (s, 7H), 2.71 (d, 2H, J=8.7 Hz), 7.10–7.38 (m, 5H); ¹³C NMR δ =140.8, 128.6, 128.3, 126.3, 64.1, 51.4, 32.9 (t, J_{C-D}=19 Hz), 25.0 (t, J_{C-D}=20 Hz).

Reduction of pentacarbonyl[(ethoxy)(phenylethynyl)carbene]chromium(0) (38) with NaBH₄ in EtOH. From 250 mg (0.71 mmol) of 38 and 26.8 mg (0.71 mmol) of NaBH₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, an oil (85.2 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed product 14a exclusively. This product was purified by flash column chromatography (hexane/ CH₂Cl₂ 4:1 to AcOEt) and was obtained as a colorless oil (64 mg, 56%).

Reduction of pentacarbonyl[(ethoxy)(phenylethynyl)carbene]chromium(0) (38) with NaBD₄ in EtOH. From 200 mg (0.57 mmol) of 38 and 24 mg (0.57 mmol) of NaBD₄ in absolute EtOH at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, an oil (69 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed product 14c exclusively. This product was purified by flash column chromatography (hexane/ CH₂Cl₂ 4:1 to AcOEt). *E-3,3-Dideutero-3-ethoxy-1-phenyl-1-propene* (14c) (49 mg, 55%), colorless oil. ¹H NMR δ=1.16 (t, 3H, *J*=7.0 Hz), 3.44 (q, 2H, *J*=7.0 Hz), 6.21 (d, 1H, *J*=15.9 Hz), 6.53 (d, 1H, *J*=15.9 Hz), 7.11–7.33 (m, 5H); ¹³C NMR δ=136.9, 132.4, 128.6, 127.6, 126.6, 126.3, 70.5 (m, CD₂), 65.6, 15.3; IR (film): 1654 (C=C), 1481, 1446 cm⁻¹. MS *m/z*: 164 (M⁺, 45), 163 (12), 135 (43), 119 (62), 107 (100), 93 (22), 78 (22).

Reduction of pentacarbonyl[(ethoxy)(phenylethynyl)carbene]chromium(0) (38) with NaBH₄ in CD₃OD. From 90 mg (0.26 mmol) of **38** and 9.8 mg (0.26 mmol) of NaBH₄ in 10 mL of CD₃OD at -20° C. After 10 min of reaction and further oxidation of the reaction mixture, an oil (30 mg) was obtained. The ¹H NMR spectrum of the reaction crude showed 14d exclusively. This product was purified by flash column chromatography (hexane/CH₂Cl₂ 4:1 to AcOEt). E-1,2-Dideutero-3-ethoxy-1-phenyl-1-propene (14d) (24 mg 57%), colorless oil. ¹H NMR δ =1.18 (t, 3H, J=6.9 Hz), 3.48 (q, 2H, J=6.9 Hz), 4.07 (s, 2H), 7.16–7.33 (m, 5H); ¹³C NMR δ =136.7, 131.5 (m), 128.4, 127.5, 126.3, 126.2 (m), 71.0, 65.6, 15.2; IR (film): 1655 (C=C), 1492, 1446 cm⁻¹; MS: *m/z* (%): 164 (M⁺, 36), 163 (12), 135 (46), 120 (38), 119 (63), 118 (37), 117 (51), 108 (28), 107 (100), 106 (25).

Reduction of pentacarbonyl[(ethoxy)(phenylethynyl)carbene]chromium(0) (38) with NaBH₄ in THF. From 200 mg (0.57 mmol) of 38 and 22 mg (0.57 mmol) of NaBH₄ in anhydrous THF at room temperature. After 3 h of reaction and further oxidation of the reaction mixture, 53 mg (59%) of a colorless oil were obtained. The ¹H NMR spectrum of the reaction crude showed the presence of 14a as the sole reaction product.

Reduction of pentacarbonyl[(ethoxy)(phenylethynyl)carbene]tungsten(0) (39) with NaBH₄ in EtOH. From 200 mg (0.41 mmol) of 39 and 15.7 mg (0.41 mmol) of NaBH₄ in absolute ethanol at -20° C. After 1 h of reaction and further oxidation of the reaction mixture, 40 mg (61%) of 14a were obtained as a yellow oil.

Reduction of 1-phenyl-1,2-propene (43) with NaBH₄ in EtOH. From 200 mg (1.25 mmol) of 43^{32} and 47.2 mg (1.25 mmol) of NaBH₄ in absolute EtOH at -20° C. After 4.5 h of reaction and further oxidation of the reaction mixture, 87 mg of a brown oil were obtained. The ¹H NMR spectrum of the reaction crude showed the starting material unaltered.

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